



## Am I ready for school?

When your child starts school there are a number of skills they should have ideally mastered, or be well on their way. Here is some guidance and suggestions to help track your child's progress.

### Self - care

I can wash my hands

I can wipe my nose

I recognise when I am too hot or cold

### Communication

I can sing familiar nursery rhymes

I can talk about storybooks and ask questions

I can take turns in conversation

### Sharing & Turn Taking

I can share my toys

I can play alongside others

I can interact with my peers and adults

### Toileting

I can go to the toilet independently

I can wipe myself and flush appropriately

I can wash and dry my hands

### Independence

I can leave my parent/ carer at the door

I can put on and take off my coat

I can manage my own personal belongings

### Attention & Listening

I can sit still for a short period of time

I can follow a simple instruction

I can follow some basic rules

### Eating & Drinking

I can use a knife and fork

I can manage my packed lunch independently

I can drink from an open cup

I can articulate when I am hungry or thirsty

### Getting dressed and undressed

I can take my shoes off

I can put my shoes on

I can take my coat off and put it back on