



Monday Tuesday Wednesday Thursday Friday



Week 1



Week 2



Week 3



BBQ Chicken Pasta Cheese & Potato Bake Seasonal vegetables Chocolate & Mandarin sponge Chocolate Sauce.	'Taco Tuesday' Chilli Beef 5 Bean Chilli Wholemeal Rice Seasonal Vegetables Fruit Jelly	Roast Gammon Roast Potatoes, Gravy Seasonal Vegetables Quorn Roast Salmon Pasta Bake Rice Pudding	Turkey Meatballs in a Tomato and Basil Sauce Pasta Cheese & Tomato Flan Seasonal Vegetables Apple & Raisin Flapjack	Oven Baked Fish Chips Margherita Pizza Baked Beans/Peas Yoghurt Fresh Fruit
Pork Sausages Mash & Gravy Quorn Sausages Seasonal Vegetables Pineapple Upside Down Cake Custard	Beef Lasagne Wholemeal Mediterranean Pasta Seasonal Vegetables Apple & Pear Crumble Custard	Roast Chicken Roast Potatoes Gravy Quorn Roast Seasonal Vegetables Rice Pudding	Chicken/Vegetable Fajita Rainbow rice Wedge Potatoes Seasonal Vegetables Fruit Cheesecake	Fish Fingers Chips Pizza Whirls Baked Beans/Garden Peas Ice Cream Fruit Salad
Beef Bolognese Pasta Penne Vegetarian Quorn Bolognese Seasonal Vegetables Strawberry Delight	Breaded Turkey Steak Wedges Seasonal Vegetables Roasted Vegetable Quiche Dutch Apple Pie Custard	Roast Beef Yorkshire Pudding Roast Potatoes/Gravy Cauliflower/Broccoli Cheese Seasonal Vegetables Oriental Stir Fry Rice Pudding	Chicken Curry Rice Lentil & Sweet Potato Curry & Rice Seasonal Vegetables Fruit Jelly	Fish Chips Spanish Omelette Iced Sponge Fruit Salad